

Convent of Mercy Nursery Lunch Menu: Single Choice

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|---|
| WEEK 1 03/01/22 31/01/22 28/02/22 28/03/22 | Steak Casserole Crusty Bread Fresh Diced Turnip Mashed Potato Ice Cream, Fruit & Chocolate Sauce | Oven Baked Breaded Chicken Goujons Garden Peas Mashed Potato Fruit Muffin & Milkshake | Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables Carrot Cake & Custard | Roast Loin Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Fresh Fruit Salad & Yoghurt | Salmon Fishcake Peas Crunchy Coleslaw Chips Flakemeal Biscuit |
| WEEK 2 10/01/22 07/02/22 07/03/22 04/04/22 | Spaghetti Bolognese Sliced Crusty Baguettes Homemade Rice Pudding & Peaches | Fresh Breaded Cod Baked Beans Mashed Potato Apple Crumble & Custard | Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Homemade Shortbread & Fruit | Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip, Mashed Potato Melon Slice & Yoghurt | Breaded Chicken Goujons Peas Chips Baked Potato Ice Cream Tubs |
| WEEK 3 17/01/22 14/02/22 14/03/22 11/04/22 | Savoury Mince & Onion Fresh Baton Carrots Mashed Potato Chocolate and Orange Sponge & Custard | Breaded Cod Fish Fingers Baked Beans Mashed Potato Homemade Rice Pudding & Pears | Breast of Chicken Curry with Boiled Rice, Naan Bread French Green Beans Flakemeal Biscuit & Mandarin Orange | Roast Turkey, Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Mashed Potato Fresh Fruit Pot & Yoghurt | Hotdog, Sauté Onions Peas Chips Raspberry ripple Ice Cream & Fresh Fruit |
| WEEK 4 24/01/22 21/02/22 21/03/22 | Fresh Breaded Cod Fillets, Baked Beans Mashed Potato Flakemeal Biscuit, Fruit & Custard | Irish Stew Homemade Wheaten Bread Broccoli Florets Strawberry Mousse & Fresh Fruit | Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Lemon Sponge & Custard | Roast Beef Herb Stuffing, Gravy Fresh Baton Carrots Mashed Potato Fresh Fruit & Yoghurt | Homemade Marguerita Pizza Crunchy Fresh Coleslaw Peas Chips Ice Cream Tub & Fresh fruit |

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Selection of salads
available daily*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

