Convent of Mercy Nursery Lunch Menu: Single Choice

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 **30/08/21** **27/09/21** **25/10/21** **22/11/21** **20/12/21**	Steak Casserole Crusty Bread Fresh Diced Turnip Mashed Potato Ice Cream, Fruit & Chocolate Sauce	Oven Baked Breaded Chicken Goujons Garden Peas Mashed Potato Fruit Muffin & Milkshake	Breast of Chicken Curry with Boiled Rice, Naan Bread Fresh Sliced Carrots Medley of Fresh Vegetables Carrot Cake & Custard	Roast Loin Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Fresh Fruit Salad & Yoghurt	Salmon Fishcake Peas Crunchy Coleslaw Chips Flakemeal Biscuit
WEEK 2 **06/09/21** **04/10/21** **01/11/21** **29/11/21**	Spaghetti Bolognaise Sliced Crusty Baguettes Homemade Rice Pudding & Peaches	Fresh Breaded Cod Baked Beans Mashed Potato Apple Crumble & Custard	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Homemade Shortbread & Fruit	Roast Beef, Herb Stuffing, Gravy, Cauliflower Cheese, Fresh Diced Carrot & Parsnip, Mashed Potato Melon Slice & Yoghurt	Breaded Chicken Goujons Peas Chips Baked Potato Ice Cream Tubs
WEEK 3 **13/09/21** **11/10/21** **08/11/21** **06/12/21**	Savoury Mince & Onion Fresh Baton Carrots Mashed Potato Chocolate and Orange Sponge & Custard	Breaded Cod Fish Fingers Baked Beans Mashed Potato Homemade Rice Pudding & Pears	Breast of Chicken Curry with Boiled Rice, Naan Bread French Green Beans Flakemeal Biscuit & Mandarin Orange	Roast Turkey, Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot & Parsnip Mashed Potato Fresh Fruit Pot & Yoghurt	Hotdog, Sauté Onions Peas Chips Raspberry ripple Ice Cream & Fresh Fruit
WEEK 4 **20/09/21** **18/10/21** **15/11/21** **13/12/21**	Fresh Breaded Cod Fillets, Baked Beans Mashed Potato Flakemeal Biscuit, Fruit & Custard	Irish Stew Homemade Wheaten Bread Broccoli Florets Strawberry Mousse & Fresh Fruit	Breast of Chicken Curry with Boiled Rice, Naan Bread Garden Peas Lemon Sponge & Custard	Roast Beef Herb Stuffing, Gravy Fresh Baton Carrots Mashed Potato Fresh Fruit & Yoghurt	Homemade Marguerita Pizza Crunchy Fresh Coleslaw Peas Chips Ice Cream Tub & Fresh fruit

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Selection of salads available daily

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

