

# Convent of Mercy Nursery School Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 02/01/23 30/01/23 27/02/23 27/03/23	Breaded Chicken Goujons  Sweetcorn, Mashed potatoes Salad Selection  Vanilla Ice cream, Oranges and Chocolate Sauce	Breaded Fish Fingers  Baked Beans Mixed Vegetables Mashed Potato  Flakemeal Biscuits & Fresh Fruit	Breast of Chicken Curry & Rice  Naan Bread Garden Peas  Jam & Coconut Sponge	Roast Beef  Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes  Fresh Fruit Selection & Yoghurt	Steak Burger with Bap  Tossed Salad/Coleslaw Chips Baked Potato  Frozen Yoghurt & Fresh Fruit
<b>WEEK 2</b> 09/01/23 06/02/23 06/03/23 03/04/23	Spaghetti Bolognaise Crusty bread  Tossed salad  Jelly & Fruit Cheese and Crackers	Breaded Fish Goujon Sweetcorn Mashed Potato  Flakemeal Biscuits and Fresh Fruit	Breast of Chicken Curry with Boiled Rice Naan Bread  Garden Peas  Chocolate Sponge & Custard	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurt	Breaded Chicken Bites  Beans Chips Baked Potato Coleslaw  Ice Cream and Fresh Fruit
<b>WEEK 3</b> 16/01/23 13/02/23 13/03/23	Pasta Bolognaise  Crusty bread Sweetcorn  Raspberry Ripple Ice Cream & Fresh Fruit Chunks	Salmon Fish Cake/ Breaded Fish  Baked Beans Mashed Potato  Fruit Sponge & Custard	Breast of Chicken Curry with Boiled Rice Naan Bread  Garden Peas  Frozen Smoothies & Fresh Fruit	Roast Breast of Chicken Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurts	Burger in a Bap  Coleslaw Tossed Salad Chips Baked Potato  Cookies & Fruit
<b>WEEK 4</b> 23/01/23 20/02/23 20/03/22	Oven Baked Sausages  Baked Beans Mashed potatoes  Arctic Roll & Selection of Fresh Fruit	Breaded Fish Fillets  Sweetcorn & Peas Mashed Pot  Flakemeal Biscuits & Fresh Fruit	Breast of Chicken Curry with Boiled Rice Naan Bread  Garden Peas Baked Potato  Fruit Sponge & Custard	Roast Beef  Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed potato Fresh Fruit Selection and yoghurt	Steak Burger in a Bap  Chips Baked Potato Tossed Salad Coleslaw  Ice Cream Tubs

Menu choices subject to deliveries  
 Fresh Fish May Contain Bones

Breads  
 Milk, Water  
 A Choice of Fresh Fruit & Yoghurt  
 Available Daily

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form

