

Convent of Mercy Nursery School

November Parent's Page



We will be using the theme of *Myself* to introduce your child to different areas of learning. If you would like to follow this up at home, here are a few activities you might like to try.

TALKING

- Talk to your child about the time when they were born - how have they changed
- Compare photographs of when you were a child to your child's photograph
- Look at family photographs of celebrations - who is the oldest or youngest, who has the same hair colour, shortest or tallest.
- How can we use our senses to explore where we live- what can we see, hear, taste, smell and touch.
- When getting ready for bed discuss our faces, what colour are your eyes, why do we need to brush our teeth etc

STORYTELLING

- Visit your local library with your child to look for books about different types of families or new babies.
- Talk to your children about your favourite story as a child.

IN THE CAR

- Discussing the different people you can see.
- Sing 'Heads, shoulders, knees and toes' - get it wrong & see if they notice.

OUT AND ABOUT

- As you go for walks look for signs of autumn. What can you smell? Autumn leaves, a coal fire burning. What do you see? What do you hear?
- Help children to identify the different types of clothes for babies, children and adults. To notice the clothes people wear as the days grow colder.
- When shopping the different types of food for babies and nappies needed.

IN THE KITCHEN

- Make *Ginger bread people* together - use raisins for eyes and icing to give extra detail.
- Discuss what foods are good for our teeth? Why we need food to help us grow.
- Make fruit salad or sandwiches together.

WHAT WILL CHILDREN LEARN?

- To develop a sense of their own family
- To develop an understanding that we are different and celebrate differences.
- To develop an awareness of their senses.
- An understanding of what we need to grow or care for ourselves.