

Convent of Mercy Nursery School



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 19/09/22 17/10/22 14/11/22 12/12/22	Breaded Chicken Goujons Sweetcorn, Mashed potatoes Salad Selection Vanilla Ice cream, Oranges and Chocolate Sauce	Breaded Fish Fingers Baked Beans Mixed Vegetables Mashed Potato Flakemeal Biscuits & Fresh Fruit	Breast of Chicken Curry & Rice Naan Bread Garden Peas Jam & Coconut Sponge	Roast Beef Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes Fresh Fruit Selection & Yoghurt	Steak Burger with Bap Tossed Salad/Coleslaw Chips Baked Potato Frozen Yoghurt & Fresh Fruit
WEEK 2 29/08/22 26/09/22 24/10/22 21/11/22 19/12/22	Spaghetti Bolognaise Crusty bread Tossed salad Jelly & Fruit Cheese and Crackers	Breaded Fish Goujon Sweetcorn Mashed Potato Flakemeal Biscuits and Fresh Fruit	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Chocolate Sponge & Custard	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurt	Breaded Chicken Bites Beans Chips Baked Potato Coleslaw Ice Cream and Fresh Fruit
WEEK 3 05/09/22 03/10/22 31/10/22 28/11/22	Pasta Bolognaise Crusty bread Sweetcorn Raspberry Ripple Ice Cream & Fresh Fruit Chunks	Salmon Fish Cake/ Breaded Fish Baked Beans Mashed Potato Fruit Sponge & Custard	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Frozen Smoothies & Fresh Fruit	Roast Breast of Chicken Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato Fresh Fruit Selection & Yoghurts	Burger in a Bap Coleslaw Tossed Salad Chips Baked Potato Cookies & Fruit
WEEK 4 12/09/22 10/10/22 07/11/22 05/12/22	Oven Baked Sausages Baked Beans Mashed potatoes Arctic Roll & Selection of Fresh Fruit	Breaded Fish Fillets Sweetcorn & Peas Mashed Pot Flakemeal Biscuits & Fresh Fruit	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Baked Potato Fruit Sponge & Custard	Roast Beef Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed potato Fresh Fruit Selection and yoghurt	Steak Burger in a Bap Chips Baked Potato Tossed Salad Coleslaw Ice Cream Tubs

Menu choices
 subject to deliveries
 Fresh Fish
 May Contain Bones

Breads
 Milk, Water
 A Choice of Fresh
 Fruit & Yoghurt
 Available Daily

If You Require
 Any Additional
 Information on
 Allergens or
 Special Diets
 Please Contact
 the School to
 complete a
 Special Diets
 Application Form

